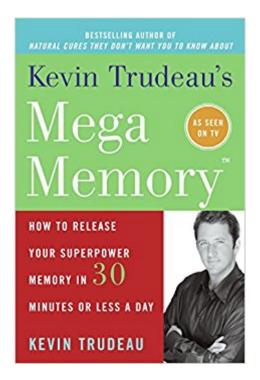


The book was found

Kevin Trudeau's Mega Memory: How To Release Your Superpower Memory In 30 Minutes Or Less A Day





Synopsis

Do you think you have a "bad memory"?Impossible, says Kevin Trudeau, the world's foremost authority on memory improvement training. There are no bad memories, only untrained memories. In order to release our natural memory, Trudeau says, we just need to learn to retrieve what we already know. As founder of the American Memory Institute, Kevin Trudeau has already helped more than one million people do just that.Each Mega Memory lesson in this book takes no more than thirty minutes per day and uses pictures, rather than the laborious word-association techniques of other memory systems, to activate our inborn memory. With this easy-to-follow system, you'll be able to instantly remember names, phone numbers, addresses, financial data, speeches, and schoolwork. Even better, Trudeau's system ensures instant recall and long-term Mega Memory. All you need is the desire to unleash your Mega Memory, and you can reap all these incredible rewards!Labeled with a learning disability at an early age, Kevin Trudeau was convinced his problem was an inability to recall information. He read everything he could on memory improvement. Eventually, he developed his own program for memory retrieval and formed the American Memory Institute. His Mega Memory home study system is the most utilized self-improvement series of all time.

Book Information

Paperback: 368 pages Publisher: William Morrow Paperbacks; Reprint edition (August 16, 2005) Language: English ISBN-10: 0688153879 ISBN-13: 978-0688153878 Product Dimensions: 6.1 x 0.9 x 9.2 inches Shipping Weight: 12.8 ounces (View shipping rates and policies) Average Customer Review: 3.4 out of 5 stars 109 customer reviews Best Sellers Rank: #236,422 in Books (See Top 100 in Books) #174 inà Â Books > Self-Help > Memory Improvement #1185 inà Â Books > Science & Math > Behavioral Sciences > Cognitive Psychology #2680 inà Â Books > Self-Help > Success

Customer Reviews

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Mega Memory home study system is the most utilized self-improvement series of all time.

If you don't read this book! Your missing out on a LARGE PART OF YOUR LIFE. He makes it fun and easy to understand.

This book has helped me by teaching me how to retain more of what i hear and learn. It has given me more confidence in my work as an accounting professional, by recalling what was said to me and what i read. Thank you so much

Best book on improving memory, ever. Compliment your memory study by getting the "Mega Memory" audio CD program and exercise booklet ... It's perfect!!! How teachable are you?

Great book!

A friend suggested I try Mega-Memory after I was having trouble memorizing terms for a Pharmacology exam. Although, I haven't had a chance to spend a lot of time with the book to this point. The first exercise that I completed allowed me to Memorize a list of 20 words. At this point I am truly impressed with this book, I never would have been capable of this before. I am really looking forward to moving forward with this book!

Excellent

I believe this book is a great book to have in your library! so Just incase you have lost a job and back into the job market. It gives you the confident that you will need to remember the important things needed while your are searching for a job! or if you are looking to build a business or wanting to get into sales...

There were some parts that were very good and were helpful at establishing better memory. I followed the information and it was working for me. I intend to go over the information again. I think it would be beneficial to get back to reading this book again.

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